

The LENTEN ADVENTURES with FATHER NATE



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Second Edition



Father Nate is a Catholic priest who lives in a beautiful town with a lot of lakes. He likes to do many things, including exercising, playing instruments, and cooking healthy foods. He always finds God's gifts that are everywhere.

When he plays his tuba,
he learns new music.
When he cooks healthy
foods from other countries,
he learns about different
cultures. When he kayaks,
he gets good exercise.



His friends call him an
adventurer because he
likes to try new things.



Let's go on an adventure with Father Nate through the 40 days of Lent.

1
Ash
Wednesday

1st
Sunday

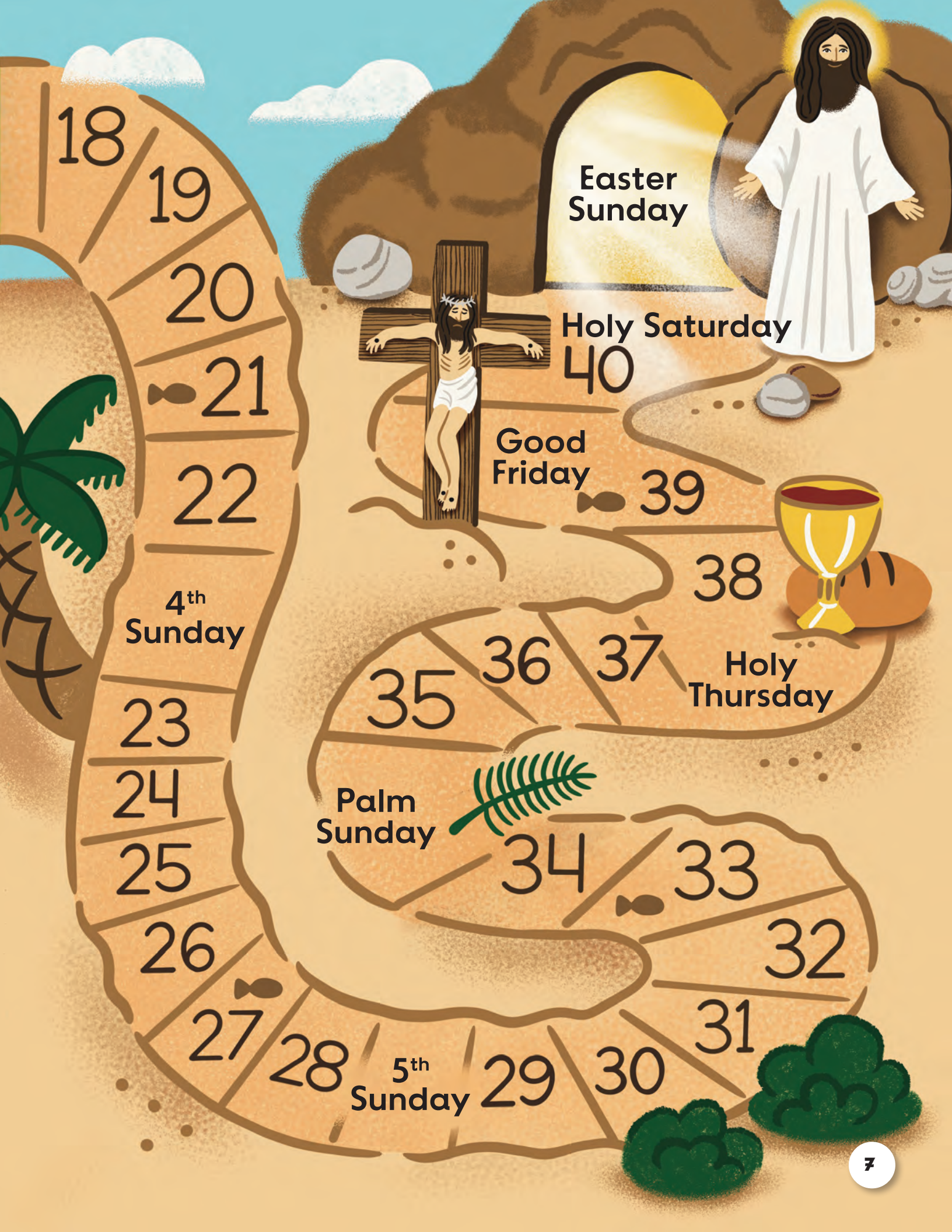
2nd
Sunday

3rd
Sunday

+

40

DAYS OF
LENT



18

19

20

21

22

4th
Sunday

23

24

25

26

27

28

5th
Sunday

29

30

31

32

33

34

Palm
Sunday

35

36

37

Holy
Thursday

38

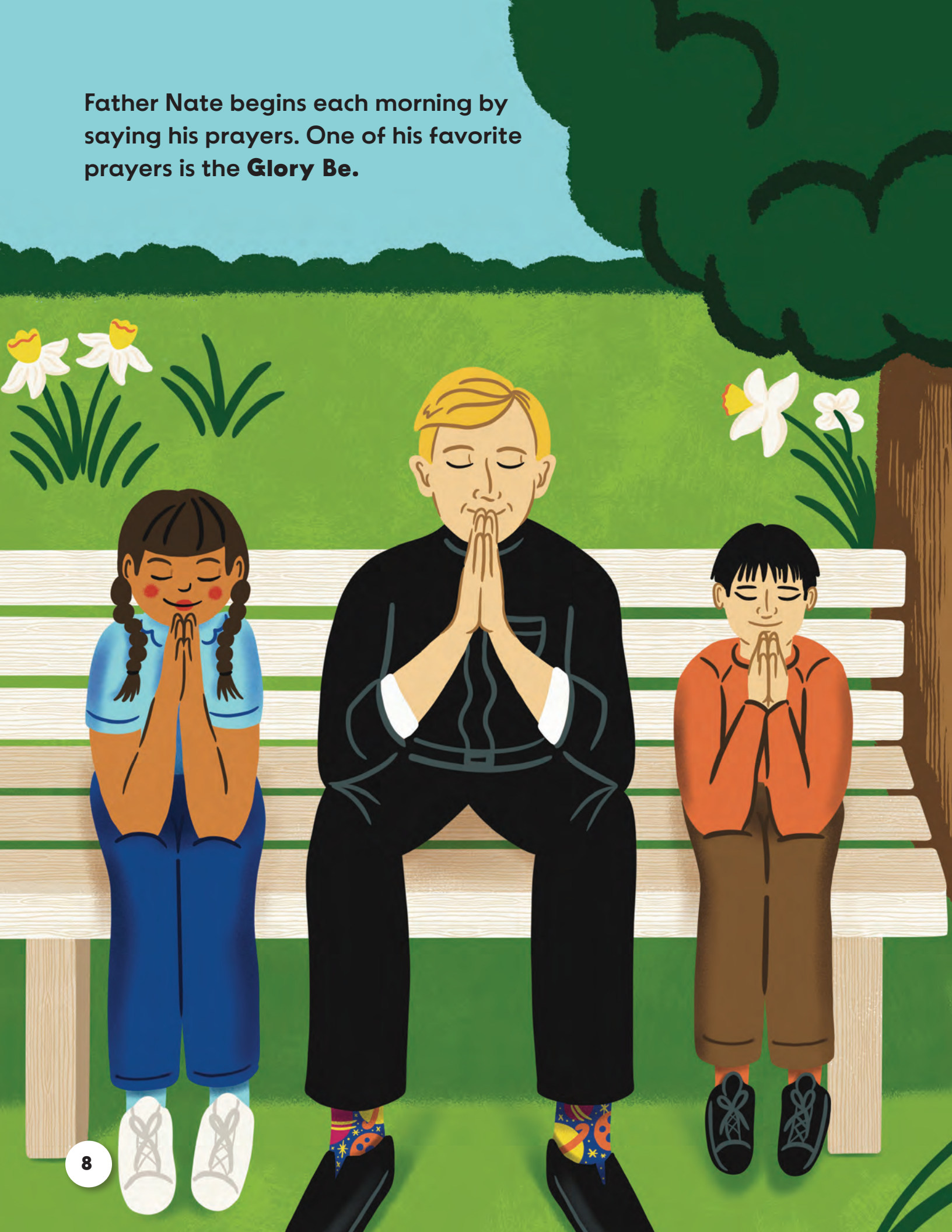
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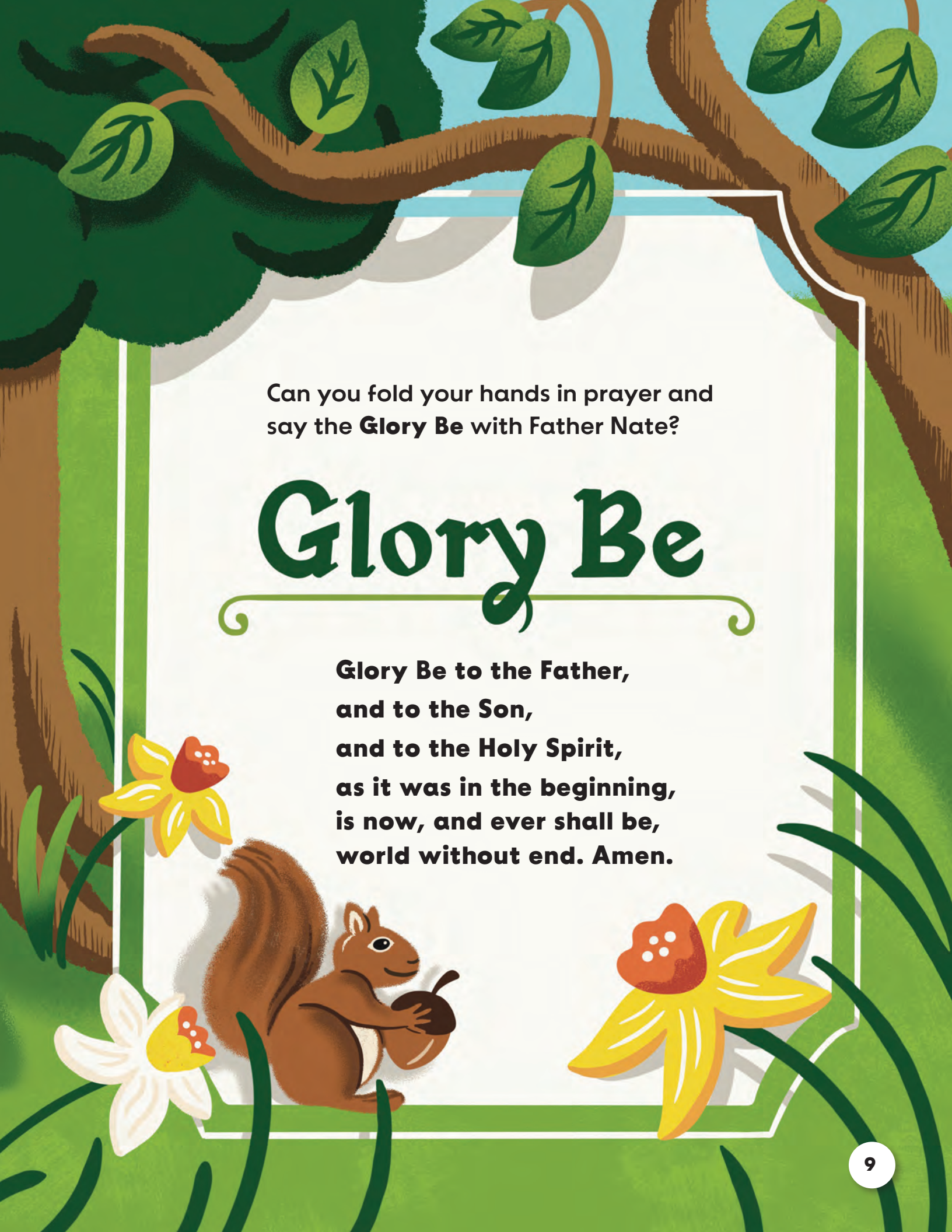
Good
Friday

Holy Saturday
40

Easter
Sunday

Father Nate begins each morning by saying his prayers. One of his favorite prayers is the **Glory Be**.





Can you fold your hands in prayer and
say the **Glory Be** with Father Nate?

Glory Be

**Glory Be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.**

Lent is a special time of year when we ask Jesus to help us live a good life. Our Lenten Adventure lasts **40 days!** The first day is called **Ash Wednesday**. During Mass on Ash Wednesday, Father Nate places ashes on the foreheads of all the people in church. Sometimes, the ashes are placed in a cross symbol. The ashes come from burning the palms from last year's Palm Sunday. The ashes are a sign that we are sorry for our sins.



Lent is a time to ask
for forgiveness.