

Under *the* Gaze of MARY

30 Days of Prayer

Br. Daniel Korn, CSsR



Liguori

Imprimi Potest:

Stephen T. Rehrauer, CSsR, Provincial,
Denver Province, the Redemptorists

Published by Liguori Publications, Liguori, Missouri 63057.

To order, call 800-325-9521, or visit Liguori.org.

Copyright © 2019 Liguori Publications

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means—electronic, mechanical, photocopy, recording, or any other—except for brief quotations in printed reviews, without the prior written permission of Liguori Publications.

ISBN: 978-0-7648-2828-7

Scripture texts in this work are taken from the *New American Bible*, revised edition © 2010, 1991, 1986, 1970 Confraternity of Christian Doctrine, Washington, DC and are used by permission of the copyright owner. All Rights Reserved. No part of the *New American Bible* may be reproduced in any form without permission in writing from the copyright owner.

All or parts of some reflections in this pamphlet were previously published in *Liguorian* magazine and the book *Embracing the Icon of Love*; they are used with the permission of the copyright owner. All rights reserved.

Liguori Publications, a nonprofit corporation, is an apostolate of the Redemptorists. To learn more about the Redemptorists, visit Redemptorists.com.

Cover image:

Our Mother of Perpetual Help

Printed in the United States of America • First Edition

23 22 21 20 19 / 5 4 3 2 1

Novena Prayer to Our Mother of Perpetual Help

Mother of Perpetual Help, today we face so many difficulties. Listen to our prayers of petition. Your icon tells us so much about you. It reminds us to reach out and help those in need. We pray for these needs. Mary, model of abundant love, we know we cannot heal every ill or solve every problem and we do pray with you that God's will be done in all things. May our daily actions proclaim how fully our lives are modeled after yours, Mother of Perpetual Help. Amen.

Introduction

The Redemptorist community has been spreading devotion to Mary under the title of Our Mother of Perpetual Help since 1866. In so doing, they are fulfilling the mandate given to them by Blessed Pope Pius IX to make her known throughout the world.

In 2016 the Redemptorists celebrated the 150th anniversary of Pius IX's directive. The Church's evangelization efforts often make use of this most famous image of our Lady, the icon of Our Mother of Perpetual Help. Redemptorists often send missionary replicas of the icon throughout the world, presenting it as an instrument for proclaiming Christ's redemptive love. This pamphlet also is part of that larger mission.

In keeping with the words of Pope Francis, who hailed Mary as the “star of the new evangelization,” the Redemptorists present this devotional booklet on Our Mother of Perpetual Help in her honor. We invite you to use it to pray with the icon reproduced on the back cover. The pamphlet's short reflections will give you new insights into the image's meaning, or iconography.

Along the way, you will become familiar with the prayer method of gazing.

May your relationship with our Lady deepen and flourish throughout these thirty days of prayer.

Liguori Publications • © 2018 All rights reserved.
Liguori.org • 800-325-9521

How to Use *Under the Gaze of Mary*

This pamphlet follows a simplified format of the Liturgy of the Hours, which are required daily prayers for the clergy and many others in consecrated religious life. However, these prayers are growing in popularity among the Catholic laity as well. In these pages we will follow this sequence:

1. Introductory prayer
2. Psalm 92
(with introductory and concluding antiphons)
3. Scripture reading
4. Gazing reflection
(a different reflection each day)
5. The Memorare
6. Closing prayer



Introductory Prayer

Read alone or as a group:

V. God, come to my assistance,

R. Lord, make haste to help me.

V. Glory to the Father, the Son, and the Holy Spirit,

R. Both now and forever. Amen.

Psalm 92

Antiphon: Rejoice Virgin Mary, for the Lord is with you.

It is good to give thanks to the LORD
to sing praise to your name, Most High,

To proclaim your love at daybreak,
your faithfulness in the night,

With the ten-stringed harp,
with melody upon the lyre.

For you make me jubilant, LORD, by your deeds;
at the works of your hands I shout for joy.

How great are your works, LORD!
How profound your designs!

A senseless person cannot know this;
a fool cannot comprehend.
Though the wicked flourish like grass
and all sinners thrive,
They are destined for eternal destruction;
but you, LORD, are forever on high.
Indeed your enemies, LORD,
indeed your enemies shall perish;
all sinners shall be scattered.

You have given me the strength of a wild ox;
you have poured rich oil upon me.
My eyes look with glee on my wicked enemies;
my ears shall hear what happens to my
wicked foes.

The just shall flourish like the palm tree,
shall grow like a cedar of Lebanon.
Planted in the house of the LORD,
they shall flourish in the courts of our God.

They shall bear fruit even in old age,
they will stay fresh and green,
To proclaim: "The LORD is just;
my rock, in whom there is no wrong."

Glory to the Father, the Son, and the Holy Spirit,
both now and forever. Amen.

Antiphon: Rejoice Virgin Mary, for the Lord
is with you.

Scripture Readings

Read one of the following:

A great sign appeared in the sky, a woman clothed
with the sun, with the moon under her feet, and on
her head a crown of twelve stars.

REVELATION 12:1

During Advent

Then he said: Listen, house of David! Is it not
enough that you weary human beings? Must
you also weary my God? Therefore the Lord
himself will give you a sign; the young woman,
pregnant and about to bear a son, shall name him
Emmanuel.

ISAIAH 7:13–14