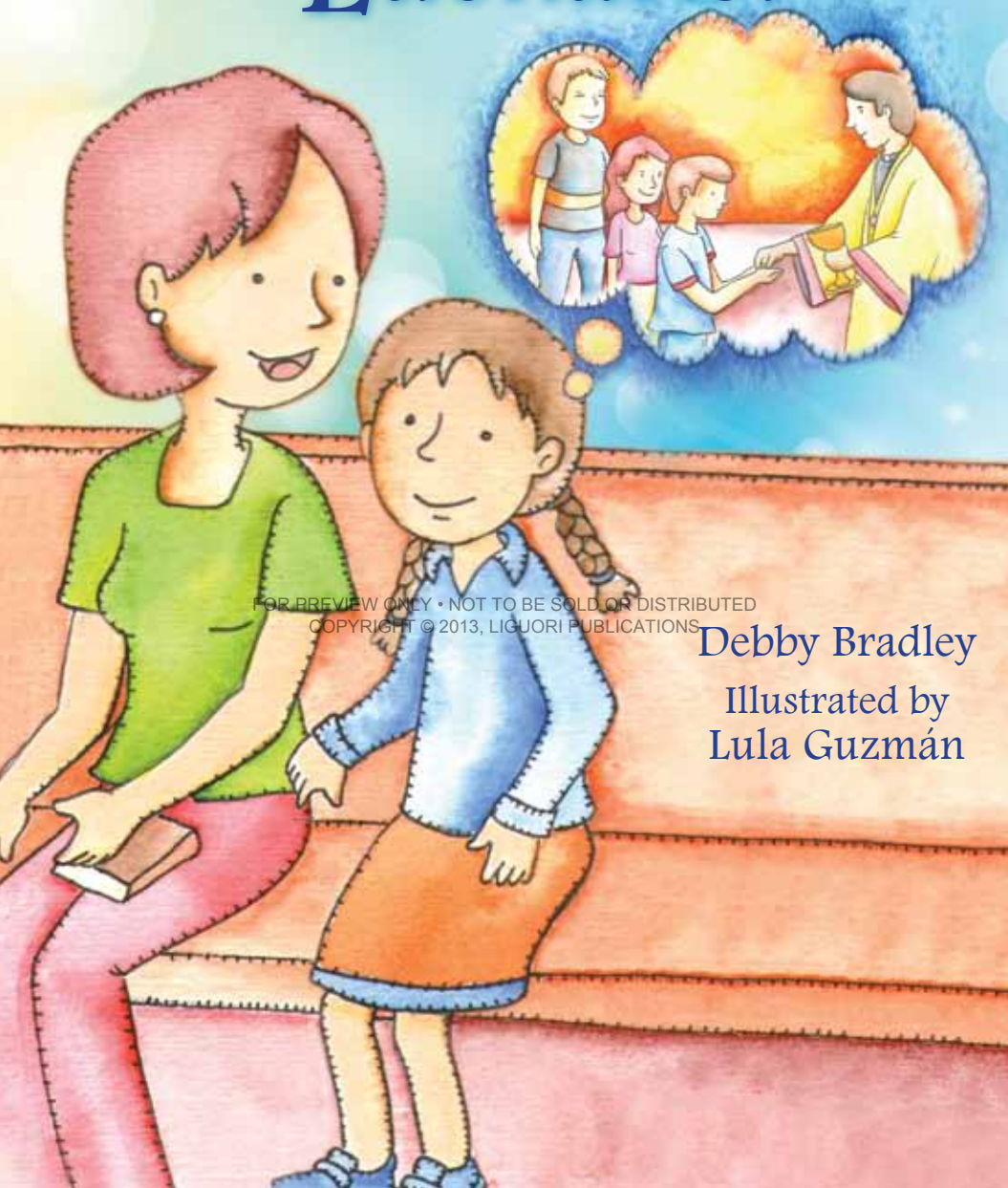


Sophie Wonders

about Eucharist



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Debby Bradley

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Dedication

Grateful

for love and support from my husband, Bill,
and children, Claire Marie, Teman John Kaiser,
and Molly Renee.

Blessed

to have as my first religious examples
Fr. Bill Vos and Ade Ledermann.

Thankful

to have witnessed the inspiration of these who have
joined the communion of saints: Kenneth Besetzny,
Judith Batton, Helen Marais, and John Kaiser.

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First Edition

There once was a little girl.

Her name was Sophie.

Sophie wondered about many things.



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Sophie liked going to church. She liked
the singing, she liked seeing her friends,
and she liked praying for people.



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One day Sophie wondered about
something she sees people do at Mass.

She asked her mommy,
“Why do big people eat that round
white thing and drink from that cup?”



Mommy asked, “You know how we love
to tell stories about Jesus?”

Sophie nodded.

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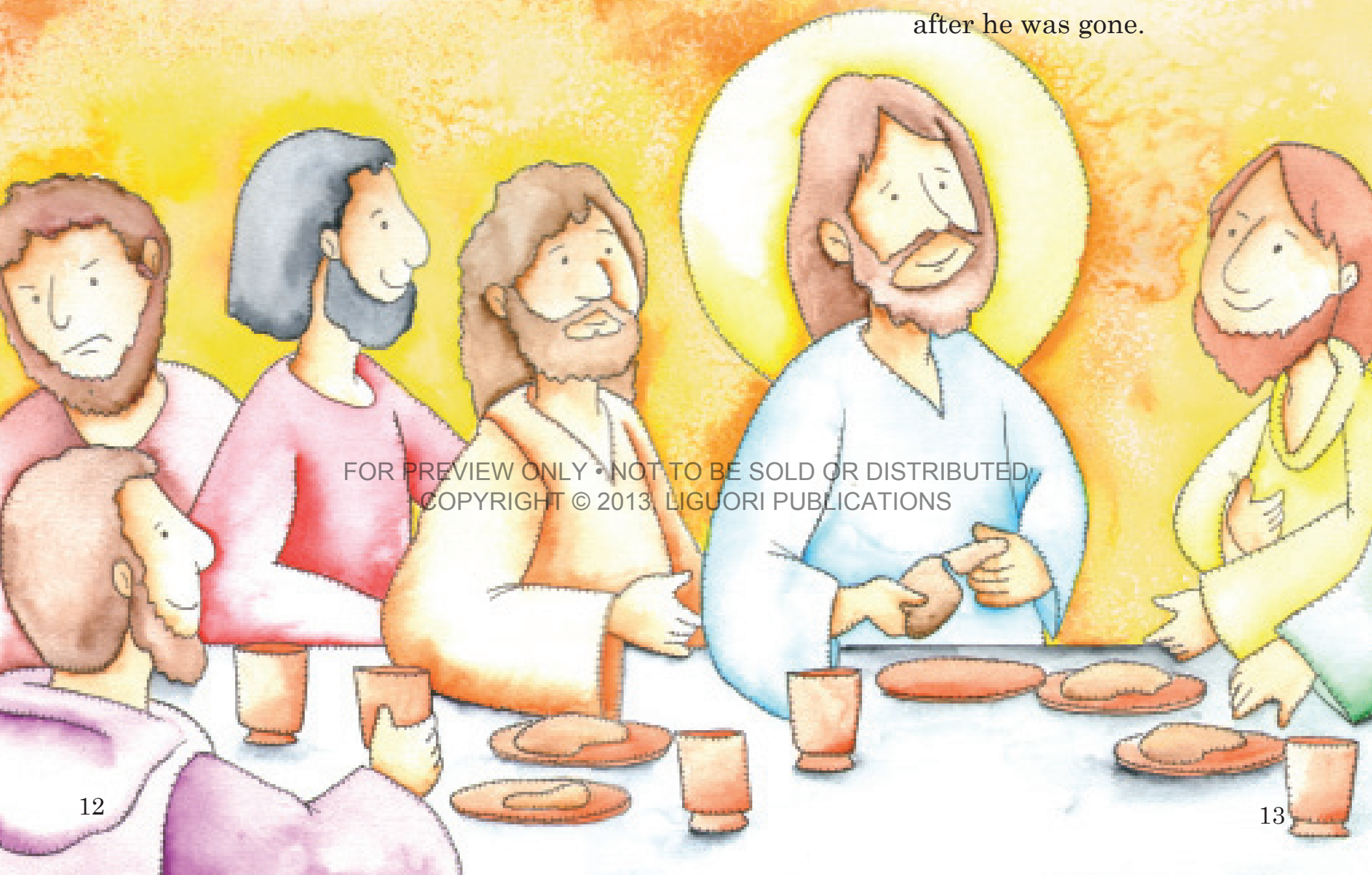
“We do that because Jesus was so great,
and we want to remember him.

“Before Jesus died, he ate a special meal
with his friends.



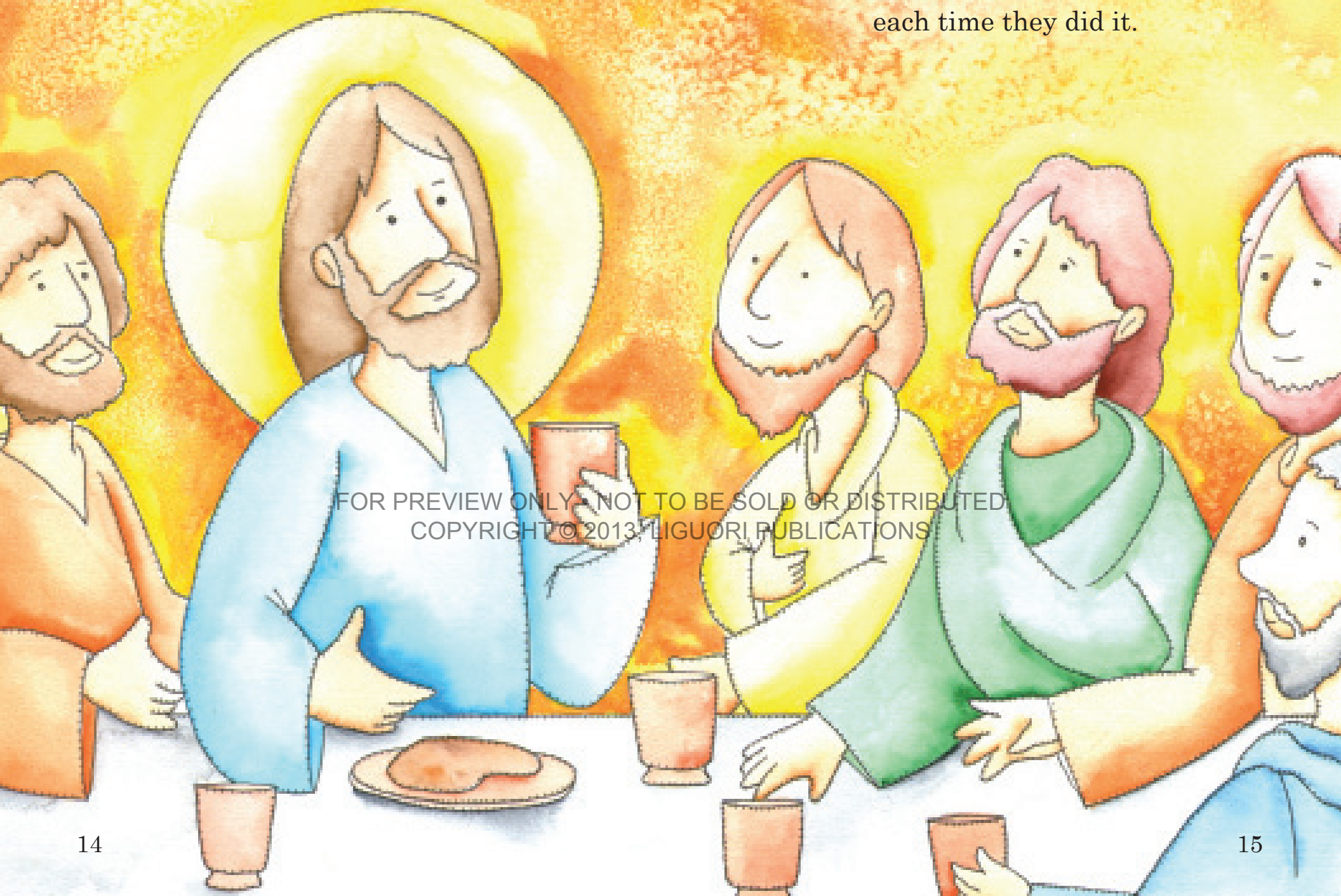
“Jesus didn’t want his friends to forget him
and all the lessons he’d taught them.

“He asked his friends to eat that special
meal of bread and wine again and again
after he was gone.



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“He said they should think about him
each time they did it.



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“Jesus said he’d be inside the bread and
wine, and then inside us!”

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“Jesus’ friends didn’t want to forget him,
so they promised to have the special
meal again and again.

“We call this special meal *Eucharist*,
a word that means “thanksgiving.”
Sometimes Eucharist is also called
Communion.



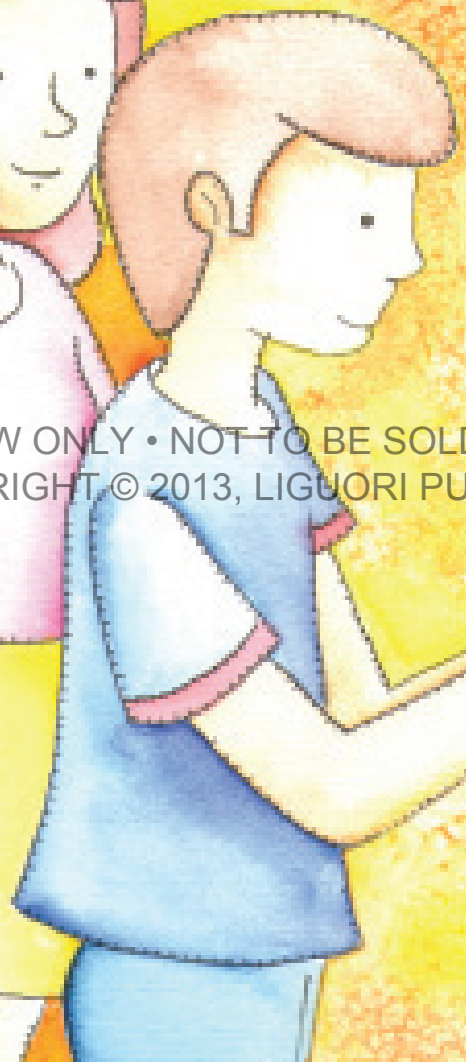
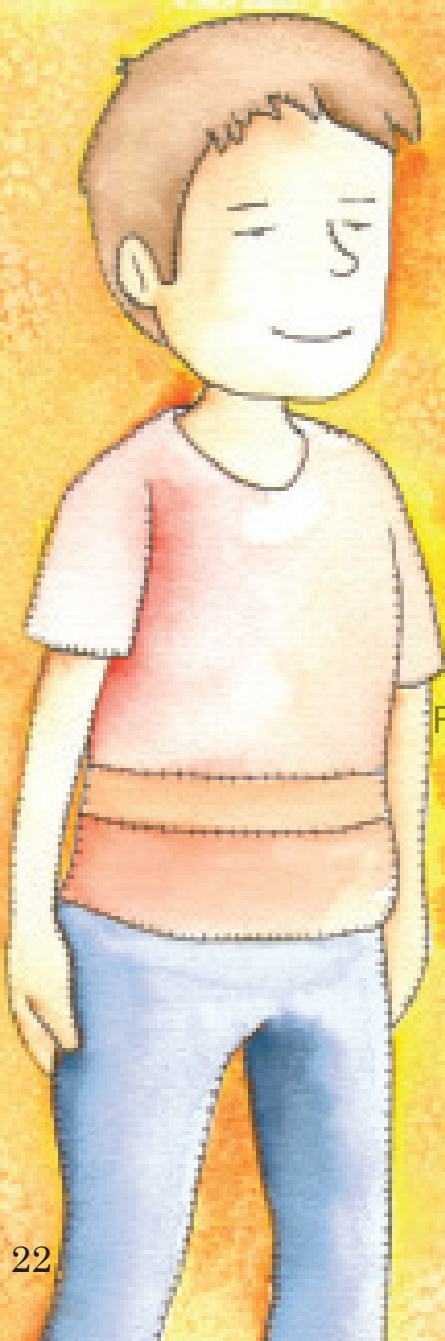
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“Today, we do two things
to remember Jesus:
First, we eat the
round, white **host**.

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“Next, we drink
a sip of wine
from a special cup
called a **chalice**.”

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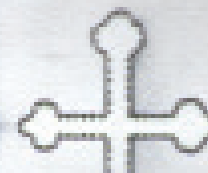
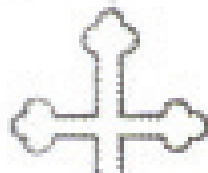
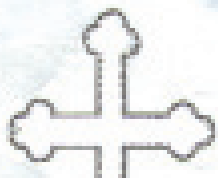
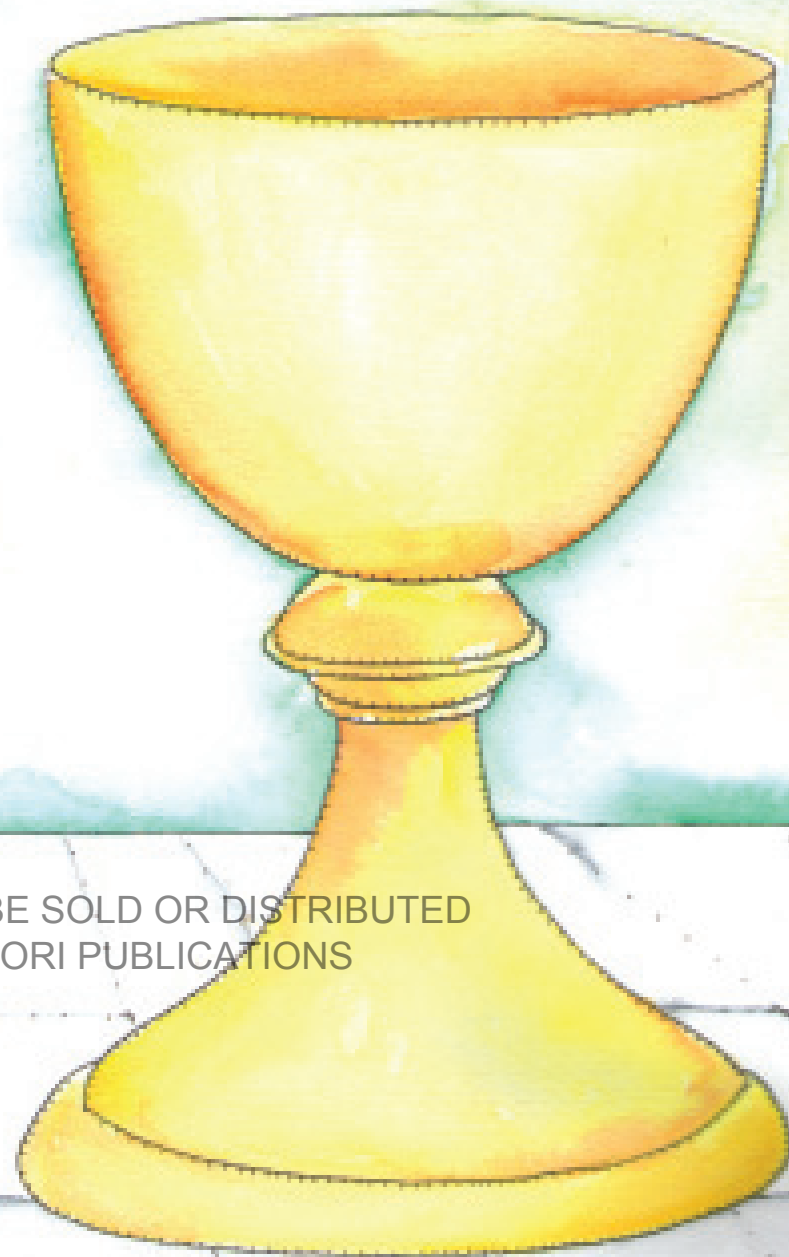
Sophie thought for a minute.
Then she asked, "May I have Jesus
in this special way?"



“Yes, when you’re older and you’ve
learned more about it,” said Mommy.



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“I can’t wait to take the host and wine
to remember Jesus!” Sophie said happily.



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Sophie felt very grown up, because
now she understood Eucharist.



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