

A Child's First Communion

User's Guide

Program Note

This video is not a substitute for a full preparation program of Catholic teaching. It presumes that the child has begun and will continue to receive instruction. Although this video was designed to be used with any preparation program, Liguori Publications recommends the following program: *First Communion: Preparing Children for the Sacrament of the Eucharist*. (See "Recommended Resource.")

How to Use This DVD

- It can be used to prime interest and enthusiasm in the parents and students at the introductory session of your preparation program.
- It can be given to individuals for home viewing.
- It can be viewed in one sitting or in several.

Summary

This DVD is an aid to help children prepare for first Communion. It accomplishes this goal through spoken dialogue and visual vignettes. The video will help each child to:

- Know who Jesus is and understand that Jesus is risen and is with us through his Spirit.
- Know that the Eucharist is not ordinary bread, but is Jesus giving himself to us in love.
- Know that it is a joyful experience to receive Jesus in holy Communion.
- Know that participating in the Mass is the fullest way of receiving Jesus in the Eucharist.

This DVD demonstrates and helps develop the following signs of readiness for first Communion:

- A personal relationship with God. The child is aware of a loving God who calls him or her to a life of intimate communion.

- Recognition of Jesus' presence in the sacrament of Eucharist.
- An understanding that holy Communion strengthens our relationship with our brothers and sisters.

Discussion Questions

1. What are two different ways we can receive the host at Communion?
We can receive the host on the tongue or in the hand.
2. What does Jesus teach us about holy Communion?
Jesus teaches that he is the Bread of Life.
3. What does the word "Eucharist" mean?
"Eucharist" means "Thanksgiving."
4. When do I get ready to meet Jesus in Communion?
I get ready to meet Jesus before and during Mass.
5. When did Jesus give himself in Communion?
Jesus gave himself in Communion at the Last Supper.
6. How does Jesus show he loves us in Communion?
Jesus shows his love by visiting in our hearts.
7. How do I share the love of Jesus with others?
I share the love of Jesus by loving him in others.

Recommended Resource

We recommend the following program: *First Communion: Preparing Children for the Sacrament of the Eucharist*. These colorful handouts include eight lessons for first Communion preparation. Each lesson is referenced to the *Catechism of the Catholic Church* and contains games, activities, and a section for parents.

For prices and ordering information, call us toll free at 800-325-9521 or visit us online at www.liguori.org.